Sound Birthing Music™
CMTE Workshops for Music Therapists

Music Therapy Assisted Childbirth Workshop
“Working With Couples in Labor and Birth”
(26 CMTES)

Part 1-Online Course July 1- 26, 2019 (16 hours) +
Part 2-Experiential Session July 27, 2019 (10 hours)
at Heart and Harmony (Fort Worth, Texas)

Must complete both sections of course to receive CMTE certificate

Presenter: Mary DiCamillo, EdD, MT-BC
Sound Birthing Music,™ LLC  Founder and Master Trainer

949-637-5537
E-mail: soundbirthing@gmail.com
CBMT Pre-approved Provider  P-131

This 26-hour intensive, online class + experiential workshop prepares music therapists to provide Music Therapy Assisted Childbirth Services in hospital, birthing center, and home-birthing settings. An in-depth study of music for labor and birth, and well as positions, relaxation techniques, and other comfort measures paired with music are presented. Video-recorded role-plays of birthing scenarios, assessment techniques, video examples of women experiencing Sound Birthing Music™ births, and group discussions are essential components of this experiential training. Music Therapists will learn about the Sound Birthing Music™ MTACB Labor Support Model of Care, receive guidelines for creating Sound Birthing Music™ playlists for birth, and learn ways to use live music in labor and birthing. Tips and tools for building a client base and a business in this specialty area are also provided.

Mary DiCamillo, EdD, MT-BC, Doula (DONA) is the founder and Clinical Training Director of Sound Birthing Music™. This training program grew out of Mary's extensive doctoral and post-doctoral work in Pre and Peri-Natal Music Therapy. Mary has also led a group practice of Music Therapists working in this field. A leader in this field, Mary has a passion for sharing this work and helping to bring babies into the world in the most peaceful way possible. Mary also works as a teacher and a professional musician. She and her family reside in Southern California.

(This Sound Birthing Music Therapy Assisted Childbirth Workshop is approved by the Certification Board for Music Therapists to award 26 Continuing Music Therapy Education Credits. The Provider Sound Birthing maintains responsibility for program quality and adherence to CBMT Policies and Criteria for Continuing Music Therapy Education.)
Part I. Online Portion of the Course (July 1-26, 2019)
Register for the Online Portion of the Course at: soundbirthingmusic.com
16 hours (50 min. hours) of self-paced study, readings, videos, and group discussion via blog; Online Course Meetings via Zoom on Saturday 7/6, 7/13, 7/20 at 8:00-9:00 am Central Time

Week 1: July 1-7, 2019
Pre-Test
The Sound Birthing Process
Birth Philosophies and History
Birthing Environments
The Birth Process
Summary of MTACB Research
MTACB Foundations

Week 2: July 8-14, 2019
Functions of Music in Birthing
Sound Birthing Music Categories
Technology and Resources
Creating Sound Birthing Music Playlists for Labor and Birth

Week 3: July 15-21, 2019
The Sound Birthing MTACB Model of Care
MTACB Documentation and Client Forms
MTACB Prenatal Services
Writing Womb Songs

Week 4: July 22-26, 2019
The Role of the Music Therapist in Labor and Birth
Establishing Trust and Rapport and Supporting the Birth Partner
Creating the Optimal Birth Environment
Music Choices During Labor
MTACB techniques in Labor
Communicating With Baby During Labor
Toning, Improvisation, and Live Music during Labor
Music Facilitates Pushing and The Birth Experience
Using Music and Singing to Support Bonding in the first hour after birth

Part II. Experiential Course: 10-hour session offered July 27, 2019 at 8-6 pm
Location: Heart and Harmony Music Therapy in Fort Worth, Texas
(Register for the Experiential Course with Nikki Belshe at nikki@heartandharmony.com)

8:00- 8:40 am
Labor Assessment Experiential and Music Choices

8:40-10:00 am Birth Scenarios Part I- Video recorded role play of birth, participants each have the opportunity to practice skills as the Music Therapist in a mock birthing experience, while other workshop participants role play the additional roles.
10:00- 10:15 am
Break

10:15 – 12:00 noon
Birth Scenarios Part II- Video recorded role play of birth, participants each have the opportunity to practice skills as the Music Therapist in a mock birthing experience, while other workshop participants role play the additional roles.

12:00- 1:00 pm
Lunch

1:00- 3:45 pm
Playback and Group Critiques of Birth Scenarios

3:45-4:00 pm
Break

4:00-4:40 pm
The Immediate Post Partum Period
The Post Partum Session

4:40-5:00 pm
Creating and Sharing Spotify Playlists; Music Q & A

5:00-5:10 pm
Break

5:10-6:00 pm
Legal and ethical considerations
Pre and Peri Natal Music Therapy PR and Networking- Building Your Practice
Post Test

Registration fees:

**Part I. Online Course**
$300 professional/$150 student
Register online at: soundbirthingmusic.com

**Part II. 1- Day Experiential Course**
$100 professional/$50 student
Register with Heart and Harmony at: nikki@heartandharmony.com

**Priority Registration Deadline:**
June 30, 2019

*Note: Pre-requisites: None. This workshop is open to music therapists and upper division music therapy students and interns with instructor’s consent. Students must be currently enrolled in a MT program- undergrad or graduate. Please include a copy of your current university ID and instructor signature. Thanks!*

Cancellation Policy: A full refund will be provided to participants who provide written notice of cancellation prior to 6/15/19. One half of the registration fee is refunded with written notification of cancellation between 6/16/19 and 6/30/19. No refunds are made for cancellation on or after 7/1/19.

*Reasonable accommodations are provided as needed for individuals with disabilities when requested.*

Materials Provided:

- Sound Birthing MTACB Workshop Manual
- Sound Birthing MTACB Documentation Forms
Educational Objectives of this Training Workshop

Upon completion of the workshop the participants will demonstrate knowledge and will be able to:

- Identify the functions of music in labor and birth to decrease pain during labor and birthing (CBMT Board Certification Domain II A 2 af)
- Learn documentation skills for the 6 steps of the Sound Birthing Music Therapy Assisted Childbirth Treatment Process. (CBMT Board Certification Domain IV B 1)
- Identify difficult situations/presentations in labor and birthing and how music can support the patient through them. (CBMT Board Certification Domain I B 2)
- Assess labor progress in a simulation and select appropriate music and support for a birthing woman. (CBMT Board Certification Domain I B 3)

Sound Birthing Music™ MT^ACB CMT^E Workshop

Registration Form

Register for online course and pay with PayPal at: [http://soundbirthingmusic.com](http://soundbirthingmusic.com)
Or Mail-in: Checks only please- no cash.

Part I. Online Workshop
July 1 - 26, 2019
$300 professional/$150 student

Part II. Experiential Workshop - Fort Worth, TX July 27, 2019
$100 professional/$50 student

Register with Heart and Harmony at: niki@heartandharmony.com

Name: __________________________________________
Address: ________________________________________
City, State, Zip: _________________________________
Home phone: (   ) _______________________________
Work phone: (   ) ________________________________
Cell phone: (   ) ________________________________
E-mail: _______________________________________

Online Course Payment option: Check  Pay Pal

Instructor’s Signature (if upper division Music Therapy Student/Intern):
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Please make your check payable to Sound Birthing Music, LLC and send to:
(A $15 fee will incur for all returned checks.)

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(A confirmation of your reservation will be e-mailed to you when the workshop is filled and confirmed. Thanks for your interest in Sound Birthing Music™!)